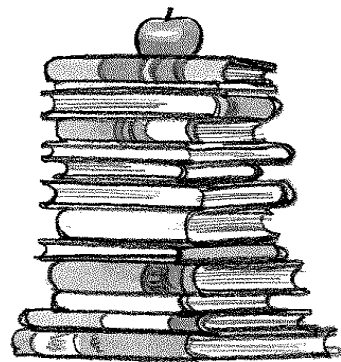


Keeping Kids Safe

School-based Prevention Education Programs



PROGRAMS FOR HIGH SCHOOL STUDENTS

Day One offers an Adolescent Assault Awareness Program designed specifically for students in grades 9 through 12.

Workshops address the particular concerns of older adolescents. The language and style of the workshops are appropriate to the developmental and educational levels of high school students. Workshops are designed to help students deal with the types of problems that they may encounter.

Each program consists of four full periods of activities and discussions. Workshops are conducted in the individual classrooms to allow and encourage all students to actively participate. Teachers are asked to remain in the classroom and to participate in the discussions.

The program for each grade level is slightly different and specific workshop activities will depend upon previous education provided to the students by Day One and/or the school. The following topics are addressed in each presentation:

- Session 1:** What is abuse, who is responsible for abuse, and issues concerning victim-blaming
- Session 2:** Myths and facts, victims and offenders, incest, the meaning of consent, sexual assault, rape, legal definitions, and resources
- Session 3:** Stereotypes, flirting and sexual harassment, how to help a friend, and resources
- Session 4:** The bystander approach: how to respond when you see or know of abuse happening

After each workshop, time is provided for students to ask questions. In the case of a disclosure of abuse, the workshop leaders work with school personnel and/or parents to assist the student.

Programs are also provided for parents, teachers, and staff. They are designed to inform adults about the fact of sexual abuse, the student program, and how to detect, respond, and prevent child abuse.

Programs can be tailored to meet specific needs.

Day One can provide high schools with one or two-hour programs on any topic concerning sexual abuse, sexual harassment, sexual assault, or child abuse. Some of the presentations routinely done for high school classes include: *Sexual Assault and Rape-Legal Issues*, *Date Rape*, *Date Rape Drugs*, and *Taking a Stand – How Teens Can Respond in Abusive Situations*.

Cost: Fees for Day One's educational and training programs vary by type of program.

For more information on this, or any other educational program offered by Day One, contact:

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