

HOW WE CAN HELP

Day One wants to form a partnership with you so that together we can provide age-appropriate programs that will help kids from Pre-K through college learn about what is healthy, respectful and safe. Preparing them now will protect them later.

SOME OF OUR PROGRAM TOPICS INCLUDE:

- Bullying
- Healthy relationships
- Sexual harassment
- Sexual violence
- Bystander intervention
- Gender stereotyping
- Sexual assault prevention

For a complete list of program topics and for more information about bringing a program to your school or organization, visit dayoneri.org/edprograms.

Violence prevention is best accomplished at younger ages, before the patterns of violence are established. This is a fantastic opportunity for schools in Rhode Island to channel its youth in positive directions to reduce sexual violence.

- ALAN BERKOWICZ, NATIONALLY RENOWNED PSYCHOLOGIST, AUTHOR, SPEAKER, AND SOCIAL NORMS EXPERT



it's time to TALK ABOUT IT

PRIMARY PREVENTION PROGRAMS
FOR PRE-SCHOOL THROUGH
COLLEGE STUDENTS



For more information contact:

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NEED HELP NOW? 1-800-494-8100

This project supported by the Centers for Disease Control and Prevention and the Rhode Island Department of Health

Day One

401-421-4100 DayOneRI.org

1 IN 4 GIRLS and
1 IN 6 BOYS will
experience a sexual
assault **BEFORE**
THE AGE OF 18

TOGETHER, WE CAN STOP THIS!
Partner with Day One now for
a safe future tomorrow

ABOUT US

Day One's primary prevention programs are based on the social ecological model that addresses individual risk and protective factors, focusing on the norms, beliefs, and socioeconomic systems that create the environment in which sexual violence occurs.

Over our 25 years developing programs, Day One has found that starting the dialogue as early as possible is incredibly important in preventing sexual violence before it happens. Research shows that one-time sessions aren't as effective, so we have developed multi-session approaches that promote changes in behavior much more profoundly.

All of our programs are theory-based, age-appropriate and meet several of the recommendations from the Centers for Disease Control and Prevention and Rhode Island Health Education Standards. Customized training sessions can be tailored to meet your school or organization's specific needs.

Through already-secured grant funds, Day One can help defray (or in some cases eliminate altogether) the costs of workshops and programs for your school.

OUR PROGRAMS

ELEMENTARY SCHOOL CHILDREN

Programs are based on a Best Practice Model of Prevention that includes educating children, parents and the school community on how to talk to young children about personal safety.

MIDDLE & HIGH SCHOOL : ADOLESCENTS & TEENS

The middle and high school programs are based on a Best Practice Model of Prevention that includes increasing the prevalence of respectful behaviors, and decreasing abusive behaviors, through class discussions, small group discussions, and role-plays.

COLLEGE & ADULT WORKSHOPS

Day One provides workshops and training for students, resident hall advisors, security staff, faculty, and administrators on identifying, responding to and preventing sexual violence, in addition to consultation on policies addressing sexual violence.

Day One has been making presentations
at my school for the past four years.
Every year, I personally learn something
new that heightens my awareness of
school violence.

- HIGH SCHOOL HEALTH TEACHER